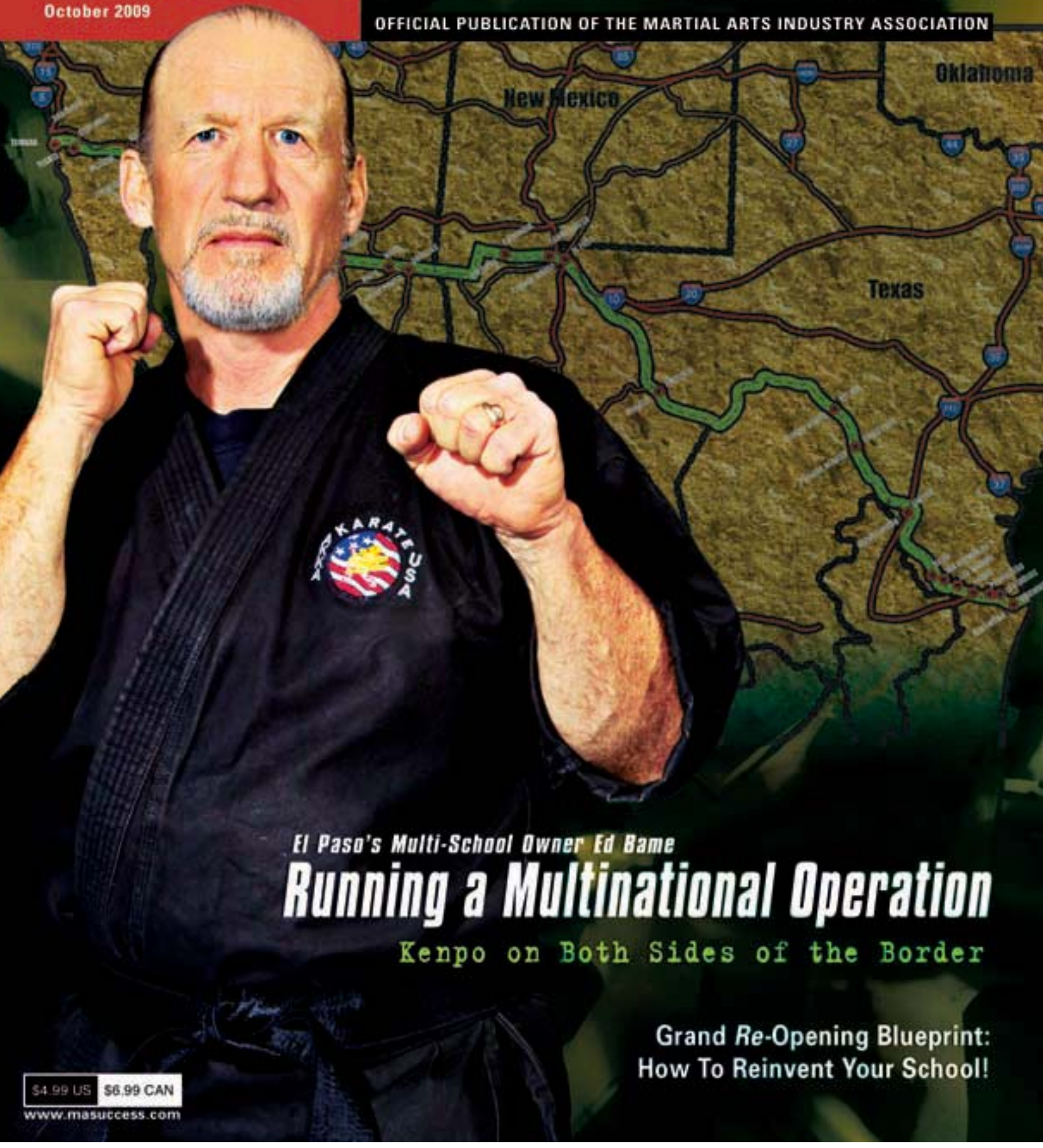


ma SUCCESS

October 2009

OFFICIAL PUBLICATION OF THE MARTIAL ARTS INDUSTRY ASSOCIATION



El Paso's Multi-School Owner Ed Bame

Running a Multinational Operation

Kenpo on Both Sides of the Border

**Grand Re-Opening Blueprint:
How To Reinvent Your School!**

\$4.99 US \$6.99 CAN

www.masuccess.com

Martial Arts News

AOL made the deal to bolster the martial arts coverage at the company's sports flagship, Fanhouse.com, which AOL says has 8.4-million unique monthly visitors.

The company said MAAFighting.com will relaunch later in the year, becoming AOL's main site for martial arts coverage.



The deal follows AOL's June acquisition of Patch Media Corp. and Going Inc. for less than \$10 million each. Both companies build community-based websites.

81-Year-Old Black Belt Puts Down Intruder

Zanesville, OH – If you've ever felt bad about getting older, a heroic Zanesville man should be an example of why you shouldn't buy into stereotypes about age.

At age 81, karate instructor and veteran black belt Larry Allen has the agility and strength of man less than half his age. He says his training is why he was able to recently subdue an intruder in his home until the cops arrived.

"I was never so surprised in my life," Allen told the *Zanesville Times Recorder*, remembering how he felt the evening when he realized a stranger had entered his home. He had been dozing in his living room around 11 p.m. when he heard what he thought was his grandson at the door. Once he realized what was going on, the intruder was inside and locked the door.

Allen said the discipline he has in his craft enabled him to stay calm and handle the frightening situation. "We are taught to be calm," he explained, "and I was really calm."

After being shoved by the intruder, Allen executed what is called in karate a "Dragon Claw," which is similar to a chokehold. He subdued the much larger, younger man and told him to sit in a chair until the police arrived.

"My main concern was that he not hurt Della or myself." Allen then told his lady friend who was visiting, Della Nolan of Zanesville, to call the police.

"I bet the guy was surprised," said Allen's daughter, Jeanette Adkins, of Boston, Ohio. "All the years of his training paid off in one millisecond."

It was later brought to the family's attention that the intruder had tried to get into other houses in the neighborhood.

Allen is a Navy veteran of World War II, where he served as a Qualified First Class Fireman patrolling the Pacific Ocean on a destroyer. He began taking karate at age 47 after an injury. He said a co-worker and former-Zanesville resident, Jeffery Moore, founder of the Coszacks Arts, encouraged him to give it a try to help his condition.

"Karate has kept me out of a wheelchair," Allen told the *Zanesville Times Recorder*, explaining that the stretching, exercises and mental skill needed for karate help to keep him agile and young. "If I had to narrow it down to one thing, it's keeping my body active and my range of motion, which I owe to karate."

"He just amazes me. He's an inspiration for the club," said Jeff Hardwick of Zanesville, current master of the Coszacks Arts club. He said people who think they are too old for karate are encouraged after they see Allen's fit condition.

Allen said that through his experience with the break-in, he hopes others will learn a valuable lesson from him. He advises people to be alert, keep lights on and to be aware of the surroundings. "The key is don't let them in, and stay out of harm's way."

Waiter Used Karate to Stop Knifepoint Robber

Great Oaks, England – A man has been jailed for two years after a waiter used his karate skills recently to stop him from robbing a Chinese restaurant at knifepoint.

Bradley Sharp, 20, downed food and booze worth £22 at the Imperial Chinese Buffet here before pulling a knife from his sleeve and trying to rob the restaurant. He reportedly held the knife against the chest of the manager and said, "Give me the money from the till."

He was foiled by waiter and karate expert, Jaing Chuah, 21, who elbowed him in the face, sending him tumbling to the floor.

Sharp was sentenced at Basildon Crown Court to 24 months behind bars.

After the hearing, Chuah told the *Essex Echo*, "We aren't going to let people get away with things like this."